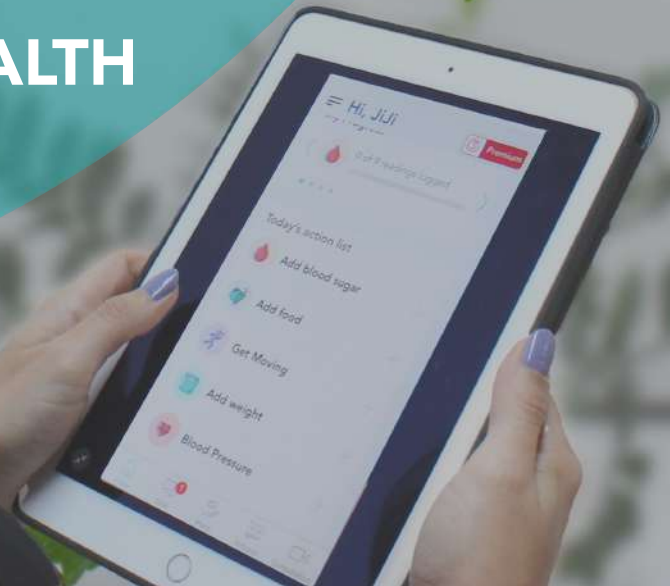




# MEET DROOBI YOUR PATH TO BETTER HEALTH

Manage chronic conditions more effectively

[www.droobihealth.com](http://www.droobihealth.com)





## Droobi helps you manage

- **Diabetes**  
Manage your diabetes and improve long term results.
- **Prediabetes**  
Change your habits and reduce the risk of developing Type 2 diabetes.
- **Gestational diabetes**  
Manage your condition and reduce the risk of complications.
- **Hypertension**  
Manage your blood pressure and improve long term results.
- **Weight management**  
Change your habits and mindset around food.

## With Droobi, you can

- Chat to your health coach and receive real-time, targeted support when you need it.
- Set goals for each aspect of your health and wellbeing, and track your progress in real-time.
- Follow a personalized plan with coach guidance to help you manage your condition more effectively.
- Arrange a consultation with your doctor or another healthcare professional directly through the app.

## Droobi gives you the knowledge, control, and support you need to manage your health habits

### Access

See key medical updates, access prescribed medication, and schedule consultations with your doctor or healthcare provider.

### Chat

Request advice and support from professional health coach and medical doctor - using voice, video or text chat.

### Learn

Complete interactive lessons each week to learn science-backed strategies for better health.

### Log

Use the app or connect wearable devices to record your blood pressure, sugar levels, food intake, exercise and weight.

### Progress

View daily, weekly and monthly progress reports showing how you have progressed against your goals.

### Receive

Get personalized feedback on your progress and view nutritional advice and meal planning guides.

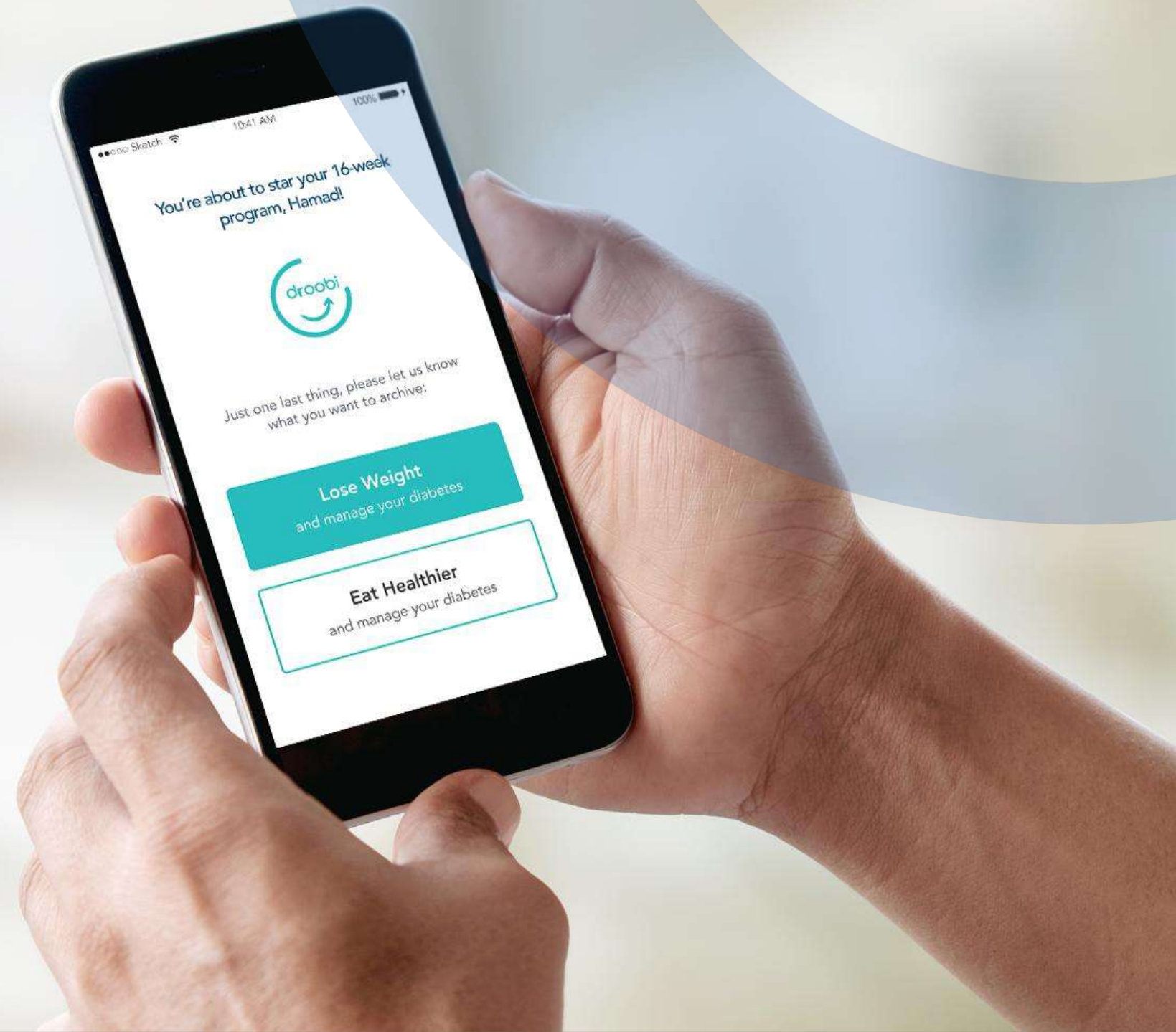
### Track

Keep track of your daily activity, food and nutrition, and blood glucose level.

“

**75%** of deaths in MENA result from lifestyle-related conditions such as diabetes, obesity or and hypertension

”



“

You can join Droobi as an individual - or explore paid referrals. Speak to your doctor, insurance company, employer or healthcare provider about eligibility

”

## Droobi users are healthier, happier, and making significant improvements in their health outcomes

### A1C

1.4% A1C reduction

### Cholesterol

0.81% total cholesterol reduction

### Weight loss

0.72% BMI reduction

### Blood Pressure

7.84% mean systolic blood pressure reduction

### Glycemic Control

30% increase in the frequency of in-range readings





## Droobi users currently using the App talk about their experience

“

Before Droobi, I didn't think I could actually reverse my prediabetes. But with the daily follow up from my Droobi coach I was able to be consistent, lose weight and lower my A1C back down to normal.” - Droobi User

”

“

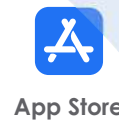
As someone who has tried every diet on the market, it was such a relief to find Droobi. My Droobi coach taught me how to make healthy eating enjoyable for me, so now it doesn't feel like a diet but just a part of my life.” - Droobi User

”

“

I would like to thank Droobi for helping our patients to understand more about diabetes and how to build healthy lifestyle habits. The impact is clear in my follow up visits with my patients.” - Health Educator

”



## Getting started with Droobi in 4 simple steps

### Download our iOS/Android app

Search "Droobi" or use the invite link sent by your healthcare provider.

### Register your Droobi account

Add your name and personal details through our secure interface.

### Activate your program

Activate your coaching program either by subscribing to Droobi Premium or using the invite link or code provided by your organization.

### You're all set

Start tracking your health data, book a coaching session, or take an interactive lesson - all at your own pace.

If you have any questions about the process, or you need additional assistance - contact: [info@droobihealth.com](mailto:info@droobihealth.com)



## Who are we?

Droobi is the leading virtual-first solution for chronic disease and wellness across the MENA region - with digital programs in Arabic and English.

Using a combination of AI-powered data analysis, remote monitoring, and targeted interventions, Droobi provides the support our users need to make meaningful changes to their overall health and wellbeing.

Our vision is to reduce the global burden of chronic diseases in the MENA region by promoting healthy lives and well-being.

Our mission is to empower people to manage chronic diseases and improve health and overall wellness through digital behavior change interventions which create better self-management habits.

## Start your life changing journey

To learn more about our work, our products and our vision for the future of health - visit

[www.droobihealth.com](http://www.droobihealth.com)

 droobihealth    droobi-health  
 droobihealth    Droobi Health

Download the App



Google Play



App Store